Partnering with Health Plans and Employers to Solve Healthcare's Biggest Challenges

23rd Population Health Colloquium

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Evernorth Health Services



Express Scripts® Home Delivery Pharmacy Services

Accredo® Specialty Pharmacy Services

CuraScriptSD® Specialty
Pharmaceutical Distribution



CARE

Behavioral Health

Care Delivery (e.g. MDLive, Employer-based clinics)

Care Enablement



BENEFITS

Express Scripts® Pharmacy Benefits

eviCoreSM Medical Benefits Management

Value-Based Care



Built to tackle your biggest challenges.

Value – Outcomes – Experiences – Equity – Business Improvement



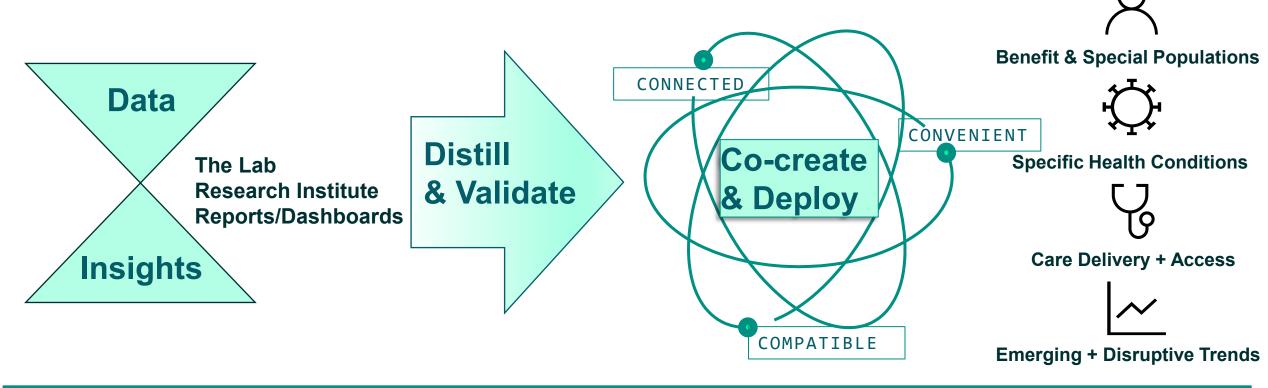
Solving Healthcare's Biggest Challenges

Working to help all people get access to care





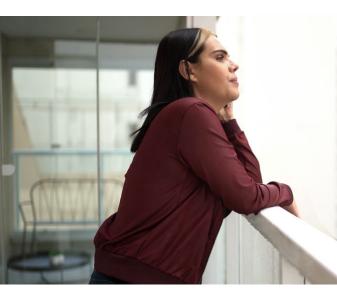
Data is at the core of who we are: Connecting data with solutions—Providing care where and how it is needed the most



Our focus: Creating value + Improving population health + Enhancing experiences + Ensuring equity + Increasing business performance



Systemic differences impact those we serve: The Evernorth Social Determinants Index (ESDI)



How to identify which areas where the people we serve live have higher social needs?



Healthcare is only 20% of the outcome



Transportation Housing



Economy Education Language



Access to care Food access

Resolving health disparities can have a **profound impact** on the people we serve:

FOR PATIENTS:
Optimal health

FOR CLINICIANS:

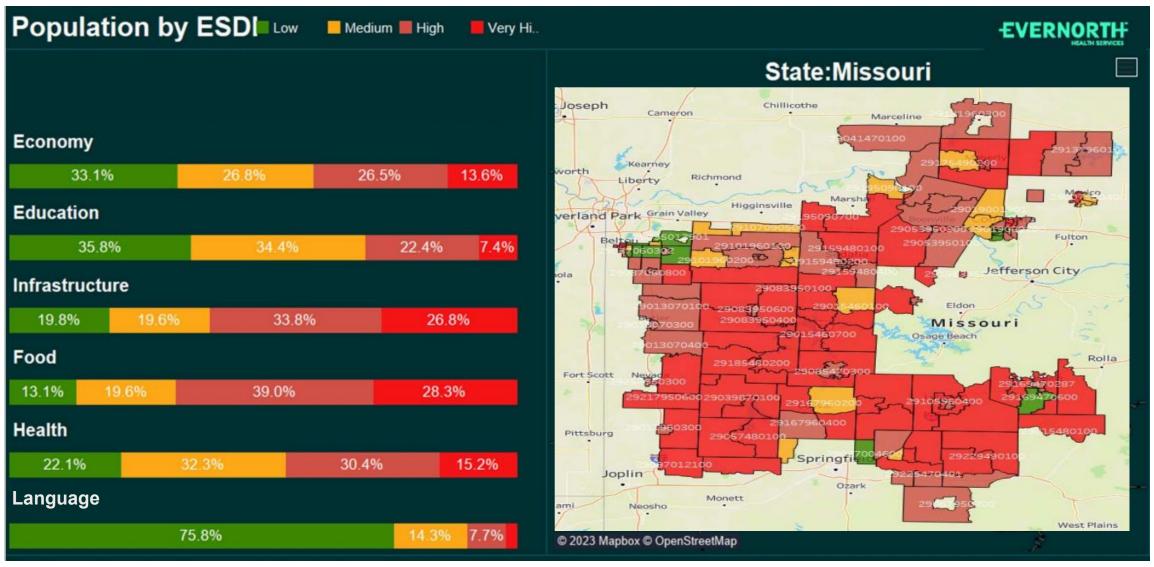
Support their patients

FOR HEALTH PLANS/EMPLOYERS:

Reduce costs

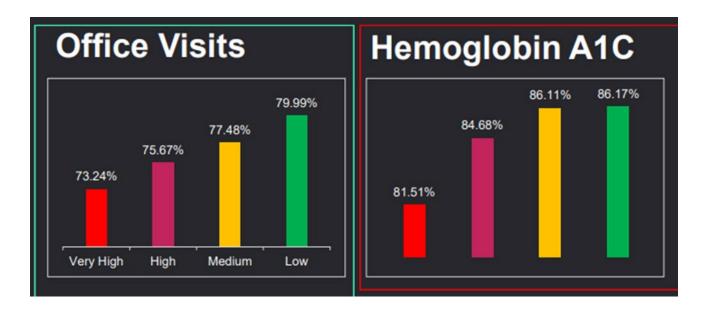


Using data to solve healthcare's biggest challenges



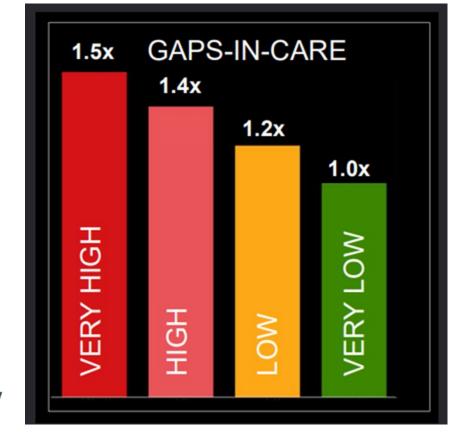


Using data to solve healthcare's biggest challenges



Community Pharmacist Pilot

An employer in a rural area came to us seeking to provide greater support to its employees living with diabetes. Our employee analysis found high rates of diabetes and limited access to care. Working with the employer, Evernorth developed a plan to bring care directly to the employees by staffing an on-site pharmacist at the employer's primary and urgent care clinic.





Using data to solve healthcare's biggest challenges

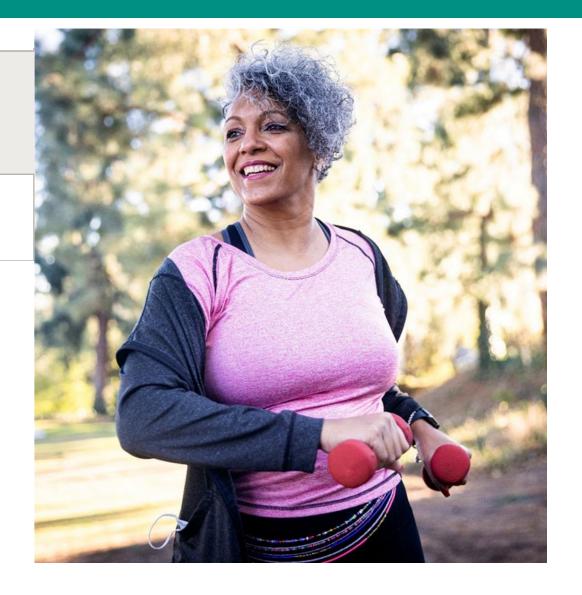


Smart90 allows members to get 90-day supplies of their maintenance prescriptions, for the same price wherever they prefer

19%

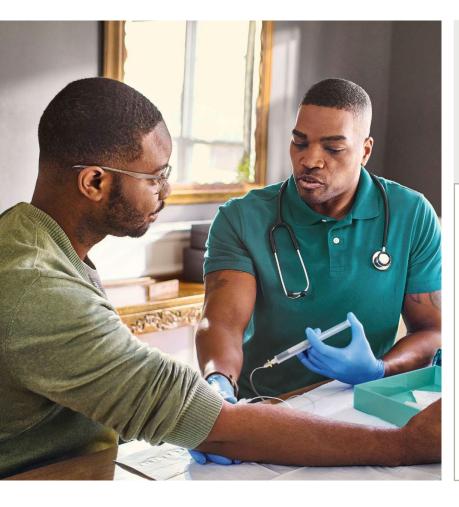
Improved adherence with this increased convenience and savings²







... for patients with complex specialty medical regimens





Accredo screens its patients for SDOH and offers personalized clinical counseling and resources for specialty therapies

13,500

Average monthly home patient visits by our infusion nurses¹

3 million

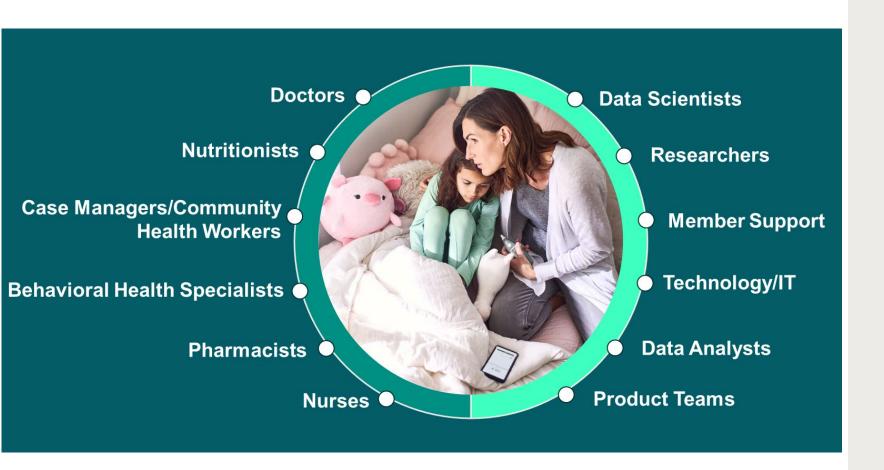
Yearly patient contacts through our **Therapeutic Resource Centers**, staffed with specialty-trained pharmacists, nurses, clinicians and patient advocates to deliver world class care²

1. Accredo Operations Insight data as of Q3, 2021

2. 2021 Specialty SPARC Data for Express ScriptsI/Accredo Book of Business



We are making progress on multiple fronts. Thanks to our clients and our people





Guided and connected care



Affordable cost of care



Access to care and medication



Dedicated support





Anna lives in a rural area –how do we maximize the healing potential of her cancer treatment?



Individuals in these communities are more likely to:²



Miss doctor appointments due to lack of transportation



Miss family events, work and treatment



Experience depression from compounded stress

1. Evernorth internal data as of 9-30-22 2.Berkowitz, Seth, et al. "Addressing basic resource needs to improve primary care quality: a community collaboration programme," BMJ Quality & Safety Journal, accessed February 23. 2021. https://qualitysafety.bmj.com/content/25/3/164 * High social need areas are more likely to have limited educational attainment, lower income and less access to healthy food, and other necessities that impact health





Anna's journey

- + 47-year-old female, mom of three
- + Living with cancer
- + Lives in a high social need area

Anna lives in a rural area, and she's struggling with her cancer therapy regimen and mental health.

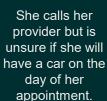


Anna has her first oncology appointment. She likes the doctor.

She wishes she could get a second opinion but the nearest cancer center is far away and she doesn't have reliable transportation.



She feels overwhelmed and sad with her diagnosis.





Stress builds as her medications arrive.



She misses her next

appointment due to

lack of transportation.

She develops GI side

effects from the medications.

She feels scared. lost and alone on her journey



Anna has her first oncology appointment and likes her doctor.



access.

Anna's diagnosis She wishes qualifies her for the Oncology Consult Service and a NCIdesignated cancer center subspecialist, reviews and agrees with her treatment plan. transportation Anna is relieved.



Anna is overwhelmed with her diagnosis. She feels down.

A pharmacist in our specialty (Accredo) Therapeutic Resource Center reaches out to discuss Anna's medication regimen with her.



She also talks

through therapy

options with her

including virtual

visits through

MDLIVE

incorporate The pharmacist weekly virtual connects her to a therapy social worker for sessions. help with transportation.

Her medications arrive right on time.

Anna starts to



fully Anna alerts supported Accredo that and she's lost in control of weight and is her care connected with a registered journey. dietitian and is

Anna feels

encouraged to use TherapEase Cuisine.

WHEN HEALTH GETS IN THE FLOW OF LIFE





Visit the Evernorth Research Institute to read more breakthrough health insights

